



PSHE and RSE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Year A	I Belong Dental Hygiene Everybody's Welcome	Positive Relationships Blue Chameleon	Super Me Red Rockets and Rainbow Jelly	Yes I Can I can do it- look after my pet	Being Safe and Underwear rule	Reach for the Stars You Choose
EYFS Year B	Our Rules	Working Together Hello Hello	How I feel Understanding Emotions book set	Me and My Family The Family Book	My Body including a healthy smile Going to the Dentist	Look what I can Do Super Worm
KS1 Year A	Think Positive Mental health and emotional wellbeing, developing gratitude, mindfulness and self-regulation skills Julian is a Mermaid British values: Democracy	Respecting Rights fundamental human rights and how we can make sure that our rights and those of others are met The First Slodge British Values: Individual liberty Mutual respect and tolerance Rule of law democracy	Very important persons special people in families and friendships, and how to care and be kind to them My Grandpa is Amazing British values: Mutual respect and tolerance	One World Global Citizenship, teaching about similarities and differences with other cultures and caring for the environment My World Your World British values: mutual respect and tolerance democracy	Growing Up parts of the body and the process of growing up, keeping safe and consent NSPCC Pants Rule Max the Champion British values: Individual Liberty	Safety First personal safety indoors and out, including online safety, people who can help and the underwear rule British values: Individual Liberty
KS1 Year B	Together Everyone Achieves More teamwork, new beginnings and cooperation, developing classroom skills	Britain British Values, exploring neighbourhoods and communities, diversity and respect British Values:	Be Yourself recognising and expressing emotions, skills of self regulation and positive self- esteem.	It's My Body healthy lifestyles, looking after your body, making healthy choices and consent	Money Matters financial education, including keeping money safe, shopping, saving and spending.	Aiming High careers, aspirations and goal setting The Odd Egg British values:

	<p>like listening and making good choices</p> <p>Blown Away</p> <p>British Values: individual liberty rule of law democracy</p>	<p>all</p> <p>Ten Little Pirates</p>	<p>British Values: individual liberty Democracy</p> <p>Just Because</p>	<p>British Values: mutual respect and tolerance Individual liberty Democracy</p> <p>NSPCC</p>	<p>British Values: individual liberty democracy</p>	<p>democracy</p>
LKS2 Year A	<p>Think positive This will build on what the children have already learnt about feelings, both positive and negative and how our attitude towards life can affect our mental health.</p> <p>Calm the Wobbles with Me</p> <p>British values: democracy</p>	<p>Respecting rights This unit helps children to understand that no one should take away their rights. It also helps children to explore the ideas of equality and discrimination and the consequences of both.</p> <p>Beegu</p> <p>British Values: individual liberty mutual respect and tolerance Rule of law democracy</p>	<p>Very Important Persons This unit focus on relationships we have with our VIPs. It will look at friendships, how friendships are formed and maintained, and the qualities of a good friend. The lessons will then move on to disputes and bullying and will address strategies for coping with each of these.</p> <p>Our House King and King</p> <p>British values: democracy</p>	<p>Our World The children will explore the concepts of inequality and stereotypes and will be encouraged to reflect on what they can do to help make the world a fairer place.</p> <p>Red- A Crayon's Story</p> <p>British values: mutual respect and tolerance democracy</p>	<p>Growing up This topic builds on children's knowledge of the human body; how we grow and change, both physically and emotionally.</p> <p>British values: democracy</p>	<p>Safety first Children will consider what it means to take responsibility for their own safety.</p> <p>British values: democracy</p>
LKS2 Year B	<p>TEAM Children learn about successful</p>	<p>Britain Children learn about British people, rules, the</p>	<p>Be Yourself. Children will identify their</p>	<p>It's My Body Children will explore the</p>	<p>Money Matters children will be encouraged to</p>	<p>Aiming High Children will focus on goals and</p>

	<p>teamwork skills, being considerate of others in the team and how to positively resolve any conflicts that occur.</p> <p>The Squirrels who squabbled</p> <p>British Values: individual liberty rule of law democracy</p>	<p>law, liberty and what living in a democracy means. They also learn about the importance of being tolerant of differences within their society.</p> <p>The Way Back Home</p> <p>British Values: all</p>	<p>strengths and achievements as well as help them to recognise different emotions they experience</p> <p>Dogs don't do Ballet</p> <p>British Values: individual liberty democracy</p>	<p>choices that they can make about looking after their bodies. The lessons look at making safer choices about their bodies, sleep and exercise, diet, cleanliness</p> <p>British Values: mutual respect and tolerance Individual liberty democracy</p>	<p>think about where money comes from and how it can be used.</p> <p>British Values: individual liberty democracy</p>	<p>aspirations. They will discuss achievements that they've accomplished so far and the type of attitude that helps us to succeed. We will look at job roles and explore some of the difficulties faced by stereotyping.</p> <p>No Difference Between Us</p> <p>British values: democracy</p>
<p>UKS2 Year A</p>	<p>Think Positive: the skills of mindfulness and a growth mindset to develop a positive attitude, resilience and self-regulation.</p> <p>The Artist who painted a Blue Horse</p> <p>British values: democracy</p>	<p>Respecting Rights: investigates human rights and how rights respecting people protect and respect human rights around the world.</p> <p>The Whisperer</p> <p>British Values: individual liberty mutual respect and tolerance Rule of law</p>	<p>VIPs: healthy relationships including kindness, conflict, peer pressure and managing secrets and dares.</p> <p>Tango Makes Three</p> <p>British values: democracy</p>	<p>One World: human rights, climate change, energy use, water conservation, biodiversity and protecting the environment.</p> <p>The Island</p> <p>British values: mutual respect and tolerance democracy</p>	<p>Growing Up: relationships education, including body image, emotional changes, puberty, human reproduction and relationships.</p> <p>British values: democracy</p>	<p>Safety First: online safety, behaving responsibly, assessing risk and what to do in an emergency.</p> <p>British values: democracy</p>

UKS2 Year B	TEAM: positive learning behavior, cooperation, effective teamworking skills and explores children's responsibilities towards their classmates	democracy Britain: British Values topics, Local and National Government, community, identity and how to make a positive contribution.	Be Yourself: self-esteem, assertiveness, recognising and expressing emotions and managing difficult situations.	It's My Body: healthy lifestyles, personal hygiene, harmful substances, making healthy choices and body image.	Money Matters: financial education, including financial risk, being critical consumers, budgeting and value for money.	Aiming High: careers education such as aspirations, goal setting, equal opportunities, innovation and enterprise.
	How to heal a broken Wing British Values: individual liberty rule of law democracy	Dreams of Freedom British Values: all	My Princess Boy British Values: individual liberty democracy	British Values: mutual respect and tolerance Individual liberty democracy	British Values: individual liberty democracy	Love you Forever British values: democracy