



# PSHE and RSE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Year A	Our Rules and Dental Hygiene	Look what I can do	Yes I can	Caring for pets	Changing me	How I feel
EYFS Year B	I Belong	It's good to share	Super me	Fabulous friends	The Selfish Little red Hen	My Marvellous Mind
KS1 Year A	Think Positive Mental health and emotional wellbeing, developing gratitude, mindfulness and self regulation skills  <b>British values: democracy</b>	Respecting Rights fundamental human rights and how we can make sure that our rights and those of others are met  <b>British Values: individual liberty mutual respect and tolerance Rule of law democracy</b>	Very important persons special people in families and friendships, and how to care and be kind to them  <b>British values: democracy</b>	One World Global Citizenship, teaching about similarities and differences with other cultures and caring for the environment  <b>British values: mutual respect and tolerance democracy</b>	Growing Up parts of the body and the process of growing up, keeping safe and consent  <b>British values: democracy</b>	Safety First personal safety indoors and out, including online safety, people who can help and the underwear rule  <b>British values: democracy</b>
KS1 Year B	Together Everyone Achieves More teamwork, new beginnings and cooperation, developing classroom skills like listening and making good choices	Britain British Values, exploring neighbourhoods and communities, diversity and respect  <b>British Values: all</b>	Be Yourself recognising and expressing emotions, skills of self regulation and positive self-esteem.  <b>British Values: individual liberty democracy</b>	It's My Body healthy lifestyles, looking after your body, making healthy choices and consent  <b>British Values: mutual respect and tolerance Individual liberty</b>	Money Matters financial education, including keeping money safe, shopping, saving and spending.  <b>British Values: individual liberty democracy</b>	Aiming High careers, aspirations and goal setting  <b>British values: democracy</b>

	<b>British Values:</b> individual liberty rule of law democracy			democracy		
<b>LKS2 Year A</b>	Think positive This will build on what the children have already learnt about feelings, both positive and negative and how our attitude towards life can affect our mental health.  <b>British values:</b> democracy	Respecting rights This unit helps children to understand that no one should take away their rights. It also helps children to explore the ideas of equality and discrimination and the consequences of both.  <b>British Values:</b> individual liberty mutual respect and tolerance Rule of law democracy	Very Important Persons This unit focus on relationships we have with our VIPs. It will look at friendships, how friendships are formed and maintained, and the qualities of a good friend. The lessons will then move on to disputes and bullying and will address strategies for coping with each of these.  <b>British values:</b> democracy	Our World The children will explore the concepts of inequality and stereotypes and will be encouraged to reflect on what they can do to help make the world a fairer place.  <b>British values:</b> mutual respect and tolerance democracy	Growing up This topic builds on children's knowledge of the human body; how we grow and change, both physically and emotionally.  <b>British values:</b> democracy	Safety first Children will consider what it means to take responsibility for their own safety.  <b>British values:</b> democracy
<b>LKS2 Year B</b>	TEAM Children learn about successful teamwork skills, being considerate of others in the	Britain Children learn about British people, rules, the law, liberty and what living in a democracy means.	Be Yourself. Children will identify their strengths and achievements as well as help them	It's My Body Children will explore the choices that they can make about looking after their	Money Matters children will be encouraged to think about where money comes	Money Matters children will be encouraged to think about where money comes

	<p>team and how to positively resolve any conflicts that occur.</p> <p><b>British Values:</b> individual liberty rule of law democracy</p>	<p>They also learn about the importance of being tolerant of differences within their society.</p> <p><b>British Values:</b> all</p>	<p>to recognise different emotions they experience</p> <p><b>British Values:</b> individual liberty democracy</p>	<p>bodies. The lessons look at making safer choices about their bodies, sleep and exercise, diet, cleanliness</p> <p><b>British Values:</b> mutual respect and tolerance Individual liberty democracy</p>	<p>from and how it can be used.</p> <p><b>British Values:</b> individual liberty democracy</p>	<p>from and how it can be used.</p> <p><b>British values:</b> democracy</p>
<b>UKS2 Year A</b>	<p>Think Positive: the skills of mindfulness and a growth mindset to develop a positive attitude, resilience and self-regulation.</p> <p><b>British values:</b> democracy</p>	<p>Respecting Rights: investigates human rights and how rights respecting people protect and respect human rights around the world.</p> <p><b>British Values:</b> individual liberty mutual respect and tolerance Rule of law democracy</p>	<p>VIPs: healthy relationships including kindness, conflict, peer pressure and managing secrets and dares.</p> <p><b>British values:</b> democracy</p>	<p>One World: human rights, climate change, energy use, water conservation, biodiversity and protecting the environment.</p> <p><b>British values:</b> mutual respect and tolerance democracy</p>	<p>Growing Up: relationships education, including body image, emotional changes, puberty, human reproduction and relationships.</p> <p><b>British values:</b> democracy</p>	<p>Safety First: online safety, behaving responsibly, assessing risk and what to do in an emergency.</p> <p><b>British values:</b> democracy</p>
<b>UKS2 Year B</b>	<p>TEAM: positive learning behavior, cooperation, effective teamworking skills and explores</p>	<p>Britain: British Values topics, Local and National Government, community,</p>	<p>Be Yourself: self-esteem, assertiveness, recognising and expressing emotions and</p>	<p>It's My Body: healthy lifestyles, personal hygiene, harmful substances, making healthy</p>	<p>Money Matters: financial education, including financial risk, being critical consumers,</p>	<p>Aiming High: careers education such as aspirations, goal setting, equal opportunities,</p>

	<p>children's responsibilities towards their classmates</p> <p><b>British Values:</b> individual liberty rule of law democracy</p>	<p>identity and how to make a positive contribution.</p> <p><b>British Values:</b> all</p>	<p>managing difficult situations.</p> <p><b>British Values:</b> individual liberty democracy</p>	<p>choices and body image.</p> <p><b>British Values:</b> mutual respect and tolerance Individual liberty democracy</p>	<p>budgeting and value for money.</p> <p><b>British Values:</b> individual liberty democracy</p>	<p>innovation and enterprise.</p> <p><b>British values:</b> democracy</p>
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