



Greatham
CHURCH OF ENGLAND
Primary School

Useful Links for Support for Parents

Safety and welfare

Children's Safeguarding Hub Hartlepool

01429 284284

<https://www.teescpp.org.uk/contact/stockton>

Out of hours: Emergency Duty Team Tel: **01642 524 552**

In an emergency contact Cleveland Police on 101

Harbour

Harbour works with families and individuals who are affected by abuse from a partner, former partner or other family member.

Harbour support services <https://www.myharbour.org.uk/> 0300 020 2525

School Nurse

(School Nursing Service - Hartlepool Ward 2 University Hospital of Hartlepool
Telephone: 01429 522718 Monday – Friday, 8.30am – 5.00pm)

Emotional wellbeing:

CAMHS Crisis contact number

0300 300 0099

0300 0200 317 option 3

NSPCC

<https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/>

<https://www.nspcc.org.uk/keeping-children-safe/>

Kooth

<https://www.kooth.com/> (Free, safe and anonymous online support for young people)

Childline 0800 1111
<https://www.childline.org.uk/>

Toileting advice:

Please see the link which is parent, child and young person friendly in respect of bed wetting, constipation, soiling, toilet refusal, day time wetting and toilet training.
<https://www.eric.org.uk/>

Headlice advice:

<https://www.nhs.uk/conditions/head-lice-and-nits/>

Food and Healthy choices

Food bank - 01429 598404

<https://www.nhs.uk/change4life/about-change4life>
(includes free recipes which children are able to help make)

How to stay safe in water

<https://www.bbc.co.uk/newsround/47797851>
<https://youtu.be/BX7GpXuDato>

Internet Safety Links

<https://www.parentsprotect.co.uk/internet-safety-links.htm>

Hartlepool Holiday Fun

https://online.hartlepool.gov.uk/service/Hartlepool_Holiday_Fun